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# NARAYANA COLLEGE OF NURSING

**CHINTHAREDDYPALEM :: NELLORE - 524 003. A.P.**

Recognized by Indian Nursing Council vide letter No. 18-916/2002/inc dated : 08.11.2002, Affiliated to NTR University of Health Sciences, A.P. Vijayawada

e-mail : [narayana\\_nursing@yahoo.co.in](mailto:narayana_nursing@yahoo.co.in) website : [www.narayanannursingcollege.com](http://www.narayanannursingcollege.com)

**Ref No: Acd/ CONF/ CIR-01**

**Date: 02-01-2016**

## CIRCULAR

This is to inform you that, Organizing Committee, Narayana College of Nursing planned to organize **NATIONAL CONFERENCE ON TRANSLATIONAL RESEARCH**, on 9/1/2016 Saturday, at Main Auditorium, Narayana Medical College & Hospital from 8am-5pm. Invitation will be sent to you soon. All are expected to participate and get empowered with current updates.



*A. J. Reddy*  
**PRINCIPAL**

Principal  
**NARAYANA COLLEGE OF NURSING**  
Chinthareddypalem,  
NELLORE - 524 003.

**Copy to:**

Nursing Superintendent  
All Head of the Department's  
Notice Boards



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## 5<sup>th</sup> National conference on translational research

Report on 09.01.2016. Conducted by

Venue: Main Auditorium, Narayana Medical Campus, Nellore.

The APNMC nominated observer Mrs. K. Rama Devi, M.Sc.(N), Lecturer (Incharge Principal), Govt. College of Nursing, Nellore present at Narayana College of Nursing main auditorium 7.45 am.

The spot registration started at 8.00 am with Pre test and registration closed at 11.00 am. The total registered participants were 340 ( Seven Hundred and Seventy four). The registered participants were faculties, nurses, students of M.Sc.(N), PB. B.Sc.(N), B.Sc.(N). The CNE was supported by Dr. NTR. University of Health Sciences, Vijayawada.

The program inaugurated with prayer song and traditional lamp lighting program at 9.00 am. The Scientific session started at 10.15 am. The topic was Introduction “Translational Research” by Dr. Indira. A, Ph.D., M.Sc.(N) Principal, Narayana College of Nursing, Nellore. She presented about the Definition, strength and weakness, continuum and types of Translational Research. Her voice was audible. The contents opted clear and understandable.

The 2<sup>nd</sup> speaker started at 10.45 am. Dr. Radha Saini, ICMR, Fellow UICC Geneva was presented about “sampling techniques”. She spoke about how to select samples and different techniques with examples of international levels, concentrated about publications. It is very informative and effective.

The 3<sup>rd</sup> resource person was Mrs. C.R. Shamshad Begum, Principal, Govt. College of Nursing, Hyderabad, AP.



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At 12.15 pm CD was released by all the resource persons.

The 4<sup>th</sup> resource person was Mrs. Roja Rani, Registrar, APNMC, Hyderabad, Andhra Pradesh. She presented about “Evidence based practice & health promotion”. The topic was more relevant and her voice was best audible. She presented with models, used innovative methods. The audience were impressed and understand the EVP fully which is more needed at this juncture.

The 5<sup>th</sup> speaker was Dr. Lalitha, Principal, NIMHANS, Bangalore. Karnataka presented about “Nursing theories and research”. By her presentation the participants understand the application of theory in research. She discussed about two theories one KINGS theory and second one is Interpersonal theory.

The lunch break was given to the participant at 1.30-2.30 pm.

The scientific session and Poster presentation started 2.00 pm, The poster presentation started at 2.00 pm. The college had displayed 9 posters in different aspects of Research, the posters were evaluated by Mrs. Roja Rani, M.Sc.(N), Registrar, APNMC, Hyderabad Andhra Pradesh and Mrs. C.R. Shamshad Begum, M.Sc.(N), Principal, Govt. College of Nursing, Hyderabad, A.P. Simultaneously scientific session in different halls by different moderators. Total 56 scientific papers (External 28 and Internal 28) in 8 halls were presented and evaluated by two moderators which were observed. There were total 8 posters (5 external, 3 internal) by 3 colleges.





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Post lunch session started at 3.00 pm. 6<sup>th</sup> speaker was Dr. Latha Vekatesan, M.Sc.(N) Principal, Apollo College of Nursing, Chennai, Tamil Nadu. Presented about “Gap between research and practice”. She has spoken various Synergies for gap to bring near to bedside. It was a good presentation.

The 7<sup>th</sup> speaker Dr. K. Y. Varalakshmi, Principal, Govt. College of Nursing, Tirupati. A.P. was presented about the “translational research continuum”. The speaker presented with audible voice. The content was simple and clear with various modules.

The 8<sup>th</sup> Speaker was Dr. Santhi Ramesh, M.Sc.(N), SRMC College of Nursing, Chennai. She presented about “Translational research for quality health models”. She discussed about phases of models in different types. It was very informative.

The CNE Post test and feedback at 5.15 pm followed that started Valedictory function. The organizer welcomed the gathering and special invitee Dr. Vijay Mohan Reddy, CEO, Narayana Medical College & Hospital. Dr. Indira S, Dr. Radha Saini, Dr. K.Y. Varalakshmi, and nominated observer of conference, Mrs. K. Rama Devi, Lecture (Incharge Principal), GCON Nellore, were present for valedictory function. Special addresses were given by Dr. Vijay Mohan Reddy, CEO, Narayana Medical College & Hospital, about the conference and translational research. 1<sup>st</sup> prize was given to the poster presentation. Certificates were distributed to all participants.

The programme was concluded by vote of thanks and National anthem by 6.00 pm.

## **Pre- test and post test Level of knowledge score**

The pre- test structured questionnaires were conducted to 340 participants before starting the session and after completion of session we given post test structured questionnaire to 340 participants.



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## Frequency and percentage distribution of Pre test Level of knowledge among participants

- 7(2.5%) excellent knowledge
- 34(10%) had very good knowledge
- 141(41%) had good knowledge
- 158(46.5%) had average knowledge

## POST TEST LEVEL OF KNOWLEDGE SCORES

- 54(16%) excellent knowledge
- 140(41%) had very good knowledge
- 78(23%) had good knowledge
- 68(20%) had average knowledge

**TABLE-1 FREQUENCY AND PERCENTAGE DISTRIBUTION OF KNOWLEDGE LEVEL AMONG DELEGATES**

Grading	Pretest		Post Test	
	Frequency	Percentage	Frequency	Percentage
<b>A+</b>	7	2.5%	54	16%
<b>A</b>	34	10%	140	41%
<b>B+</b>	141	41%	78	23%
<b>B</b>	158	46.5%	68	20%
<b>c</b>	-	-	-	-
<b>D</b>	-	-	-	-
<b>TOTAL</b>	340	100	340	100

Table-1 explains that, in pretest majority of the delegates 156(46.5%) had B Grade knowledge, where as in post test the of the delegates 140(41%) had A grade knowledge.

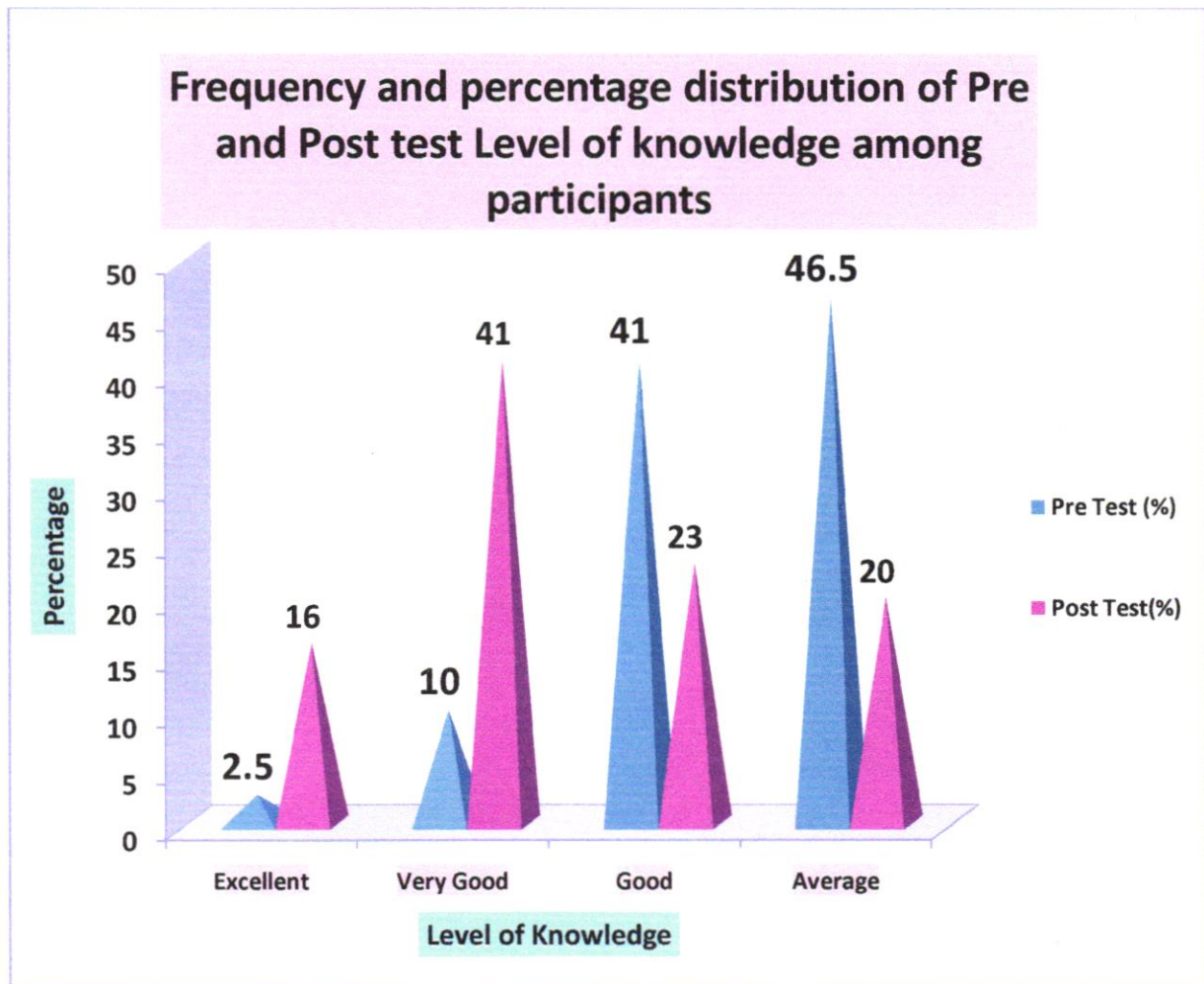


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FIG-2- FELICITATION OF GUEST OF HONORS AFTER END OF SESSION

There was a significant difference in the knowledge level of delegates in posttest compare to pretest, hence it was concluded that the conference was effective.

Organizing Secretary

Narayana College of Nursing

HOD  
Dept. of Nursing Research  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.



Principal

Narayana College of Nursing

Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

**National Conference  
on  
Translational Research**

**Registration Form:**

Name: .....

Designation: .....

Address: .....

Pin:..... Mobile: .....

E.mail: .....

Reg. Fee. Rs. ....

DD/ Cheque No. ....

Drawn on Bank .....

Date: .....

**Registration:-**

**Registration Fees : Rs. 750 /-**

DD to be drawn in favour of “Narayana College of Nursing”

Payable at Nellore.

For submission of scientific paper,

Contact:

Prof. Ms. H. Rajeswari, Prof. Mrs. B. Vanaja Kumari.

Mob No. +919440293012, +919490894253.

Chief Patron : Dr. P. Narayana, Ph.D,

Organizing Chair person : Dr. Indira. S, Ph.D, Nursing Dean

Organizing Secretary : Mrs. Menaka. SP, HOD,  
Dept. Nursing Education &  
Mrs. K. Kantha, Lecturer,  
Dept. Comm. Health Nursing.



**Tirumala Tirupati Devasthanam:** The ancient and sacred temple of Lord Venkateswara is located on the seventh peak of Tirumala Hills, and lies on the southern banks of Sri Swami Pushkarini. Tirupathi is 120 kms from Nellore.



**Sriharikota:** Satish Dhawan Space Centre, SHAR, the Indian Space Research Organization (ISRO), Govt. of India and its rocket-launching centre is 80 kms from Nellore.



**Pulicat Lake:** Boating facilities are available here to view the large flocks of flamingo, migrant shore birds and resident water birds. Famous as the second largest brackish water lagoon in India.



**Krishnapatnam Port:** One of the India's largest and fastest growing seaports with world-class facilities. It is becoming a port of choice for all international cargo originating from and destined to the southern and central India.

**How to reach Nellore?**

By Air: Nearest Airport are Tirupathi(120km) & Chennai (175km).

By Rail: Nellore railway station is on main line between vijayawada & Chennai

By Road: On NH-5 between vijayawada & Chennai

**Narayana College of Nursing  
Chinthareddypale, Nellore.**



**National Conference  
on  
Translational Research**



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**Venue:** Narayana Medical College Campus  
Chinthareddypalem, Nellore - 524 003.

**Date:** 09-01-2016



## Greetings From Narayana College of Nursing

Narayana College of Nursing is the pioneer institution to obtain quality in the field of Nursing Education and Health Care. It is located on a sprawling campus at Nellore. The College offers world class infrastructure unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of Nursing at the multi-specialty teaching hospital and Nursing College. The aim is to meet the critical challenge of Preparing Nurses for professional practice. The future opens up immense opportunities and a sojourn with Narayana College of Nursing..

### Welcome Note

On behalf of Chairman, Management and the Organizing committee members of Narayana college of Nursing, we heartily invite you to participate in the conference at Nellore. Come, join with your colleagues and peers, share experiences and take home informative, enthusiastic ideas and perspectives to practice. We look forward your participation in this vibrant conference at beautiful city of Nellore.

### Theme

### Translational Research

### Sub Themes

- Introduction of translational research
- Sampling techniques
- The translational research continuum
- Translational research for quality health outcome
- Translational research for quality health models
- Gap between research and practice
- Nursing theories and research
- Evidence based practice and health promotion

### Objectives

- To update orientation to Translational Research.
- To develop skills in Translational Research.
- To collaborate with theory, research and practice in Translational Research



### Real world impact "From Bench To Beside"

Translational Research delivers original investigations in the broad fields of laboratory, clinical, and public health research. Translational research involves moving knowledge and discovery gained from the basic sciences to its application in clinical and community settings. This concept is often summarized by the phrases "bench-to-bedside" and "bedside-to-community" research. As the concept of translational health research has evolved with practice and time, it is clear that translational research encompasses a bidirectional continuum.

### Guidelines for submitting abstract and poster and presentation

**Abstracts must be no more than 200 words** excluding authors, title and references, and in general be structured as follows:

Title (not more than 15 words) **Background** (maximum two sentences to provide key rationale for the study. Aims Methods (to include design, participants, data-collection, data analysis) Results (to include key findings) Conclusions and implication for clinical practice Keywords. Add 2-3 keywords or phrases in alphabetical order, separated by commas. Closing date. Applications must be submitted no later than 15 December, 2015. Notification. Authors will be informed about the final decision about acceptance or rejection of abstracts within three weeks after the closing date. Note that authors are required to confirm their presentation acceptance, register and pay the registration fees before 15 December, 2015. Instructions for oral presentations will be sent to the presenting author of accepted abstract once the abstract is confirmed.

1. The dimensions of the poster should be 3 feet (Width) X 4 feet (Height) in Portrait form.
2. Carry soft copy (jpeg-file) of your poster at the time of poster presentation.

## Programme Schedule (09<sup>th</sup> January - 2016 Saturday)

Time	Topic	Presenter
08:00 - 09:00	Registration & Pretest	
09:00 - 10:00	Inauguration i) Prayer Song ii) Lighting the traditional lamp iii) Welcome address	
10:00 - 10:15	Tea Break	
10:15 - 10:30	Introduction of translational research	- Dr. Indira. S Principal, NCON, Nellore.
10:30 - 11:00	The translational research continuum	-Dr. K.Y. Varalakshmi, Principal, Govt. CON, Tirupati, A.P.
11:00 - 11:30	Translational research for quality health outcome	-Dr. C.R.Shamshad Begum Principal, Govt. CON, Hyderabad.
11:30 - 12:00	Scientific session	
12:00 - 01:00	Lunch Break - Poster presentation	
01:00 - 02:00	Translational research for quality health models	- Dr. Shanthi Ramesh, Prof. SRMC CON, Chennai
02:00 - 02:30	Gap between research and practice	-Dr. Latha Venkatesan, Principal, Apollo, CON, Chennai.
02:30 - 03:00	Nursing theories and research	- Dr. Lalitha, Principal, NIMHANS Bangalore.
03:00 - 03:30	Evidence based practice & health promotion	-Dr. Roja rani, Registrar, APNMC
03:30 - 04:00	Sampling techniques	- Dr. Radha saini, ICMR, Fellow UICC Geneva
04:00 - 04:30	Tea Break - Post test	
04:30 - 04:45	Valedictory - Feedback	